

## HOW TO FISH THE BOW RIVER

The Bow River has become famous for its hard fighting, acrobatic, wild, trophy Rainbow and Brown Trout. It is a world class trout stream. The 50 mile stretch between Calgary and Carseland is known as the "famous" Bow, dubbed "the Blue Ribbon Bow" by author Jim McLennan. This is where we concentrate all our fly fishing efforts and guests are presented with unequalled fly fishing possibilities. This stretch of blue ribbon trout water provides some of the best opportunity in the world for catching a trophy trout.

Of Nymph, dry fly and streamer fly fishing, Nymphing is by far the most common and productive method of the three. The concept of the method is to suspend flies at the same depth the fish are feeding. The Bow River is extremely fertile, so much so the trout do not need to move far to eat. Although this is not necessarily the preferred method of most fly fishers, nymphing the "Hooker Method" will keep you busy the entire time.



Dry fly fishing (the most desired method of fly fishers) can be very effective depending on the time of year, time of day, and brightness. There will be possibilities of casting to rising trout feeding on a hatch or blind casting attractor patterns representing stone flies or grasshoppers. Taking on the attractor patterns can be explosive.

The Bow River has big fish, big fish eat big things, and streamer fishing, although not always, can produce some of the bigger fish of the year. Typically streamers are stripped away from the bank as we drift a comfortable cast away. It takes a bit to get proficient but can be very rewarding.

Join Bow River Hookers for your ultimate Bow River fly fishing experience.